



JIRVANA Workshops

77-133 El Paseo Unit II
Palm Desert, CA 92261
(760) 708-8253

WEEKEND SCHEDULE

FRIDAY

- 4:00pm — Lecture and Introductory Exercises
- 8:00pm — End of First Day

SATURDAY

- 8:30am — Workshop Begins
- 12:00pm — Lunch Break
- 1:30pm — Workshop Resumes
- 5:30pm — Approximate End of Day

SUNDAY

- 8:30am — Workshop Begins
- 12:00pm — Lunch Break
- 1:30pm — Workshop Resumes
- 5:30pm — Approximate End of Workshop



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WORKSHOP GUIDELINES

CONFIDENTIALITY

Confidentiality regulations protect your right to anonymity as a participant in this workshop. We expect that you will protect that right for fellow participants—what you choose to say to others about yourself and/or your experience is up to you. Marriage and Family Therapists (MFTs) are California mandated reporters. We are required to report elder and child abuse or imminent danger to self or others. Please ask for permission of participants before you use your camera.

GENERAL GUIDELINES

Please respect property and the rights of fellow participants. Any willful damage of property will be the financial responsibility of the participant. Please report any damage to us. JIRVANA Workshops is not responsible for any lost or stolen property.

Due to the very sensitive nature of some subjects that may come to light, it is imperative that you refrain from romantically or sexually pairing off with other attendees. **It is also important that you arrive in the morning and after lunch each day on time in order to start.**

We will take a group picture at the end of the workshop that will be sent to all participants. Please indicate if you are not willing to be photographed or contacted upon completion of the workshop.

CONTAGIOUS / INFECTIOUS CONDITIONS

You are entering this weekend at your own risk, on a volunteer basis, and should be fully aware that we are in the grips of the COVID-19 pandemic. We will abide by guidelines set forth by the state of California in order to do this gathering.

If you have a fever or feel sick **please stay home**, you can reschedule your Jirvana for when you are well.

If we are required to wear a face mask during the workshop. Please find a comfortable mask that stays in place on your face, without you having to constantly adjust the mask while speaking. We will provide disinfectant and hand sanitizers.



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All participants should exercise reasonable caution in their interactions with each other to minimize their exposure and the exposure of others to possible infectious diseases. We strongly suggest that individuals assume responsibility for throwing away their own tissues and other similar items they may use.

GENERAL DRESS CODE

Appropriate dress for JIRVANA Workshops includes comfortable, casual wear. T-shirts, shorts, sweats and jeans are all appropriate. We suggest you be very comfortable. Appropriate length shorts are permitted. Inappropriate are clothing items such as: short shorts, mini skirts, halter tops, low cut tank tops open shirts, tights, excessive jewelry.

This is a prepaid workshop. The full workshop cost must be paid before start the of workshop in order for your participation. Unless other arrangements where previously made. We accept MasterCard, Visa, Amex, Zelle, Venmo, cash & personal checks.

CANCELLATIONS

There are No refunds: If for some reason you can NOT attend your scheduled Jirvana, you may use your payment or your deposit towards a future Jirvana, good for up to one year from the date of you missed Jirvana.

If you have a fever or feel sick at any point during the weekend, **please stay home**. You can reschedule your Jirvana for a future time when you are well.

SUMMARY

This workshop can be a safe place to feel, share and be vulnerable. If you have concerns for your safety or well being, please let me know. In order to preserve and enhance safety, I will not hesitate to discharge someone, if necessary, for the welfare of the whole group. Grounds for discharge includes:

1. Possession, Sale or Use of Drugs and/or Alcohol
2. Violating Workshop Guidelines
3. Intimate Relations With Another Workshop Member
4. Inappropriate Behavior That Interferes With Another's Experience
5. Refusal To Participate in Workshop